

Polio News

P R E S E N T E D B Y

W I L D R O S E P O L I O S U P P O R T
S O C I E T Y

STAYING POSITIVE FOR OUR FUTURE

INSIDE THIS ISSUE:

16-17	
Laughter is Good Medicine	2
Editor's Notes	
Reimbursement Program	3
Membership	3
Board of Directors Notice	3
WPSS Executive	3
Disclaimer	3
Recent Events	4-7
Upcoming Events	8-9
Water Therapy Program Update	10
Obituary	11
Gallery	12-14
Members Page Inspiration	15-17
Members' Page Dates	18-19
Holiday Activity	20-21
Adaptive Devices	22-25
WPSS Information, Ads	26-27
Membership/Donor Form 2025	28

A MESSAGE FROM YOUR PRESIDENT

FALL 2025

Hey! Hey! Hey! It's October already. That means it's time for WPSS members to take in Jubilations Dinner Theatre. This year's offering is sure to be a big hit – 'ABBAMANIA', together with the Jubilations great evening meal and entertaining staff. Again, we will have front row seats!

Mark the date, October 22, on your calendar and order your tickets from our secretary at fabulous discount prices. See you there.

By the way, if anyone needs a ride to Jubilations I could be available.

John Sugden, President

LAUGHTER IS GOOD MEDICINE

If you drop something when you were younger, you just picked it up. When you're older and you drop something, you stare at it for just a bit, contemplating if you actually need it anymore.

I like to make lists. I also like to leave them lying on the kitchen counter and then guess what's on the list when I am at the store.

Wall of Clocks

A man died and went to heaven. As he stood in front of St. Peter at the Pearly Gates, he saw a huge wall of clocks behind him.

He asked, "What are all those clocks?"

St. Peter answered, "Those are Lie-Clocks. Everyone on Earth has a Lie-Clock. Every time you lie the hands on your clock will move."

"Oh," said the man, "whose clock is that?"

"That's Mother Teresa's. The hands have never moved, indicating that she never told a lie."

"Incredible," said the man, "what about that clock there?"

"That's Abraham Lincoln's clock. The hands have moved twice, telling us that Abe told only two lies in his entire life."

"Where's Trump's clock?"

"His clock is in Jesus' office. He's using it as a ceiling fan."



EDITOR'S NOTES

I sit on my patio feeling the soft fall breeze flowing around me; I reflect on the summer that has been, on the fall we are now officially in and on the future which lies ahead. I reflect on my situation as a polio survivor, living with the scourge of pps, I wallow a little, then I shift focus; I work at looking at the positives in my life, I calm down and I focus on gratitude. Life is good!!

Every day, week, month and year has ups and downs. On the positive side, WPSS hosted some excellent events this summer, giving us the opportunity to visit, socialize and to create. Unfortunately we also are mourning the sudden passing of some of our long time members, our friends. We all feel for the families left behind and trust they find the strength to move on, to live and find joy in day to day life.

Looking forward, we have the Thanksgiving holiday approaching and hopefully we can look ahead, reflect and find a multitude of blessings to be grateful for. Although WPSS does not have a Thanksgiving social event on the agenda, hopefully you are all able to

spend time with family and friends and give thanks together!

Halloween follows in a few short weeks and then it won't be long before Christmas preparations dominate our daily routines.

This issue has a list of important and/or interesting dates for the months of October through December so I thought it would be appropriate to highlight the big ones with references to activities around those events within Edmonton and the surrounding areas. I realize that many of us will not be able to actively participate in some or any of these events but I thought it would be fun to browse through the various internet sites and see what is happening around the area.

Happy Thanksgiving, Happy Halloween and Merry Christmas to all and Happy web surfing!!

Bernd Schwanke, Editor

NEWS and UPDATES

REIMBURSEMENT & MEMBERSHIP STATISTICS

To date in this fiscal year, WPSS has reimbursed members \$2855.00 for therapy and \$5851.00 for Aids and Devices

Our membership statistics show that we currently have 29 single and 33 couple memberships in good standing. Remember, memberships run from January 1 through December 31 and that you are not eligible to participate in WPSS events and programs if your membership dues are in arrears.

Please do renew your membership early in the new year, preferably in January. This will help our secretary to efficiently manage the membership accounts.

BOARD of DIRECTORS

With the sudden passing of George Kunec our Board now consists of seven directors with three vacancies. We are in need of members who are interested in serving on the board. The nominations committee invites interested members to let their name be put forward to serve as a director.

Rick Meunier has been installed as interim VP to serve until the next AGM.

Call the office at 780-428-8842 or any board member for more information.

TRANSPORTATION REIMBURSEMENT

If you are a WPSS member in good standing and are unable to attend a WPSS function due to a transportation issue, you may be able to claim partial reimbursement for taxi or Uber rides. This pertains to persons who don't own cars or cannot drive or are unprepared to do so in inclement weather. In these instances the Board has passed a motion to implement reimbursement of 75% of the cost of a taxi or Uber when and where DATS does not provide transportation service. Use our regular claim form with receipts. These claims do not count against your \$1500.00 yearly reimbursement limit.

EXECUTIVE

President: John Sugden

Vice President: Rick Meunier (interim)

Secretary-Treasurer: Patricia Murray

DIRECTORS

Marie Kunec, Ferne Hymanyk, Bernd Schwanke, Sandra Mooney

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Bernd Schwanke

DISCLAIMER

Information published in the Polio News and/or the Wildrose Polio Support Society web site may not represent the opinion of the Society. It is not to be regarded as the Society's endorsement of treatment, products or individuals. If you have or suspect you may have a health problem, please consult your health care professional.

RECENT EVENTS

Friday, July 11 – Métis Cultural Experience

On Friday, July 11 WPSS hosted a very unique event in tandem with a soup and sandwich luncheon social! As usual with events hosted at the St. Albert Legion, the Legion Kitchen catered an excellent variety of soups, sandwiches and desserts.

The main feature of the afternoon was a presentation by Keith Grant, a local Edmontonian and a Métis Knowledge Keeper! Keith gave a short talk with slide show, depicting the métis life style evolved from years gone by. Much of the knowledge and life skills from past years is quickly being forgotten and it is this knowledge which “Knowledge Keepers” like Keith are working at keeping alive through educating his own youth and also those of us who have a different cultural background. The goal is to reinforce the symbiotic relationship which our native people had with the earth and with nature. He talked about fishing and utilizing all parts of the fish to help sustain life – the meat for food, the bones for tools and art, the scales for art. This set the scene for our workshop where Keith led us through the process of making a fish scale flower using dyed fish scales and dried fish bones.

This was a very interesting workshop and the afternoon flew by. The artistic results covered a wide range with some very creative, beautiful fridge magnets being produced!

I hope we get some feedback from the membership regarding this workshop – would you like to have more activity based social events? Let the office know your thoughts!



RECENT EVENTS



RECENT EVENTS

Annual Picnic in the Park

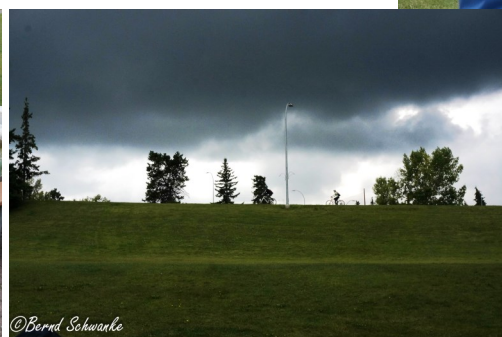
WPSS hosted the annual Picnic in the Park on Friday, August 8 at Emily Murphy Park. The day was cool, cloudy and inclement with forecasts of rain and wind. None the less, a number of brave souls showed up and as luck would have it, the weather cooperated and we enjoyed our time outside of the shelter with a great open fire in the fire pit. We had a very enjoyable time visiting and chatting as we cooked our steaks and wieners and shared veggies and desserts. As our time came to an end around two o'clock and we were packing up to go home the wind and the rain, which had been predicted, hit us. I believe we were all able to get ourselves and our paraphernalia into the vehicles before we got too wet. It just added a bit more drama to a very fun event!

I want to congratulate all those who took a chance on the weather and came out. It was well worth the risk of rain! Thanks to Rick and Anne for bringing the firewood and to Val for running off to get a lighter, lol!

In retrospect, it was such a blessing for us to see Lester Campbell and to enjoy our interaction with him. Sadly, Lester passed away suddenly at a family gathering on the weekend following the picnic. Our sincere condolences go out to Donna and the Campbell family as well as the WPSS family who knew Lester.



RECENT EVENTS



UPCOMING EVENTS

Jubilations Dinner Theatre 2025

Date: Wednesday October 22, 2025

Location: West Edmonton Mall
South East corner, Upper Level,
Closest entrance is Entrance 31

Please join us on October 22 for the Jubilations show:

ABBAMANIA: BACK TO THE DISCO DIMENSION

We have booked 30 seats on the main floor, right in front of the stage.

The doors to the foyer open at 5:30 where we can gather, with theatre doors opening at 6:00.

The cost is \$30.00 per ticket for members, and \$50.00 per ticket for non-members. The ticket includes a 3-course dinner, as well as the show. Alcohol and the Prime Rib dinner choice cost extra. Please pay by cheque made out to Wildrose Polio Support Society, and mailed to 8640 64 Ave., Edmonton, AB, T6E 0H5, or by e-Transfer to wpss@polioalberta.ca, by **October 8**.

Hope to see you there!

NOTICE:

Re Water Therapy (Swim) Program Saturday Cancellation

Offering the Water Therapy program to polio survivors is one of the major reasons our Society was granted regular casino volunteer opportunities. When I first became a member in 2011, our main pool had around twenty participants at a Tuesday evening session. The teach pool had up to eight participants. The Saturday sessions regularly had six to eight members and guests attending.

However, our membership is gradually aging and people are opting out of the pool sessions we have enjoyed since the inception of WPSS. On Tuesday, August 19, the warmer teaching pool was empty and our main pool had 3 participants. On Saturday, August 16, all pools were empty. The Saturday time slot has only 2 people utilizing the pool and only doing so on an irregular basis.

The rental costs WPSS around \$90.00 per session. Your Board reviewed the pool policy at the August 18 board meeting and came to the conclusion that the Saturday time slot had to be permanently cancelled. Our rental fee with the city would be cut in half by doing this. The Tuesday sessions, with a certified recreation therapist on hand, will be continued. This will help to ensure our continued support from the AGLC and will continue to support the members who are attending the Tuesday sessions on a regular basis. Most Tuesdays will have 6 to 8 members and guests attending.

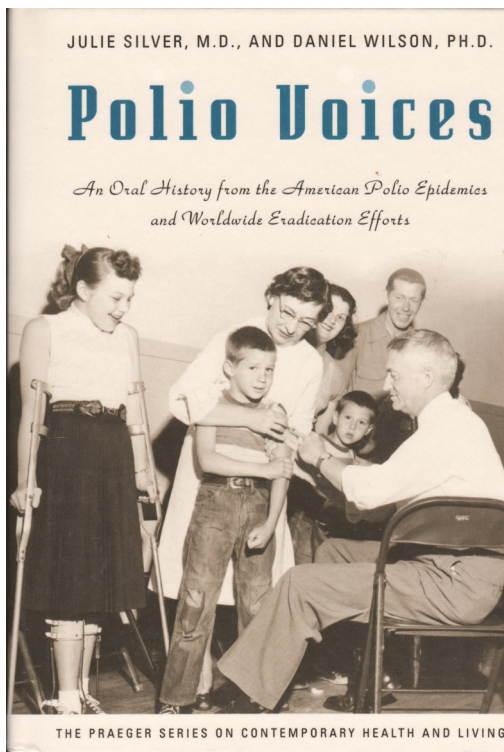
The dilemma for the board was how we could continue to support the people utilizing the Saturday time slot. After much deliberation our solution was to offer compensation to individual members to defray the costs of attending pool facilities of their choice. The city offers recreation memberships at their small to medium sized pools, such as the ACT center, for a yearly senior rate of \$442.00. The board will now subsidize, up to \$442.00 any member who wishes to attend any recreation facility of their choice. Members will still have to present receipts and fill in a claim form for costs. This money will not be counted against the member's \$1500.00 yearly reimbursement allowance. This policy will be implemented on a trial basis and therefore will be reviewed at a future date.

We understand that this solution may not be perfect, but we could not justify paying for the Saturday sessions and have an empty facility half the time. We appreciate your understanding. If you have ideas or comments, please call or write the office with your input. We sincerely hope that those of you who are able will take advantage of this policy to attend at a facility convenient to you.

Note that senior Edmonton residents are eligible to receive free community league memberships and by presenting your community league membership card at an Edmonton recreation center you will receive a 20% discount on admission.

Bernd Schwanke, on behalf of your Board of Directors.

BOOK REVIEW



Polio Voices: An Oral History from the American Polio Epidemics and Worldwide Eradication Efforts (The Praeger Series on Contemporary Health and Living)

Incorporating many rare photographs from the family albums of survivors who tell their stories, Harvard professor Julie Silver, M.D., and historian Daniel Wilson help readers understand the sheer terror that gripped parents of young children every spring and summer during the first half of the 20th century as polio epidemics ran rampant. Interviewed as part of the Polio Oral History Project directed by Silver and funded by Harvard, foundations, and private donors, the people featured in this book describe what is arguably the most feared scourge of modern times.

Testimonies are included from people who worked in polio wards, as well as from those involved in worldwide eradication

efforts. The book also addresses the emergence of the polio and disability rights movement, the challenges of post-polio syndrome, and the state of polio research and developments today. And it explores the concern that polio could return in an even more vicious form as a result of bioterrorism.

Review

“This text is wonderfully rich and is highly recommended. . . . *Polio Voices* provides a multifaceted account of polio in America that greatly adds to the existing literature on the subject. Although many texts on polio have been written and quite a few include deep personal narratives, none are constructed with narratives as the major focus. *Polio Voices* is groundbreaking in this effort.”

— *Oral History Review*

About the Author

Julie Silver, M.D., is Assistant Professor at Harvard Medical School and the Medical Director of the International Rehabilitation Center for Polio (IRCP) at Spaulding Rehabilitation Hospital. A world-renowned expert on Post-Polio Syndrome, she has published widely with seven authored books and eight edited collections to her credit, as well as dozens of articles in peer reviewed journals, magazines, and newspapers. She is the author of *Post-Polio Syndrome: A Guide for Polio Survivors and Their Families*, which received the Will Solimene Award of Excellence from the American Medical Writers Association. Silver is also Series Editor for two Praeger series, Contemporary Health and Wellness, and Rehabilitation and Recovery After Injury or Disease.

For more information regarding polio, her polio books, or the IRCP, visit www.polioclinic.org.

Daniel J. Wilson, Ph.D., has been teaching history of medicine for more than a decade and is Professor of History at Muhlenberg College. He was a Fellow with the Agency of Healthcare Research and Quality National Endowment for the Humanities. He has given presentations on the polio epidemics at meetings of the American Association for the History of Medicine, The American Historical Association, and the International Post-Polio and Independent Living Conference, as well as at Harvard University and Columbia University. Wilson is, himself, a polio survivor.

OBITUARY

LESTER MACNEIL CAMPBELL

Lester MacNeil Campbell of Edmonton, AB, passed away on Friday, August 15, 2025 at the age of 87 years. Left to cherish his memory are his wife Donna; children Beryl Clement (Ken Hanlin), Neil (Leanne), and Roxanne Wilson; eight grandchildren; three great-grandchildren; his sister Shirley Stensrud; and numerous nieces and nephews.

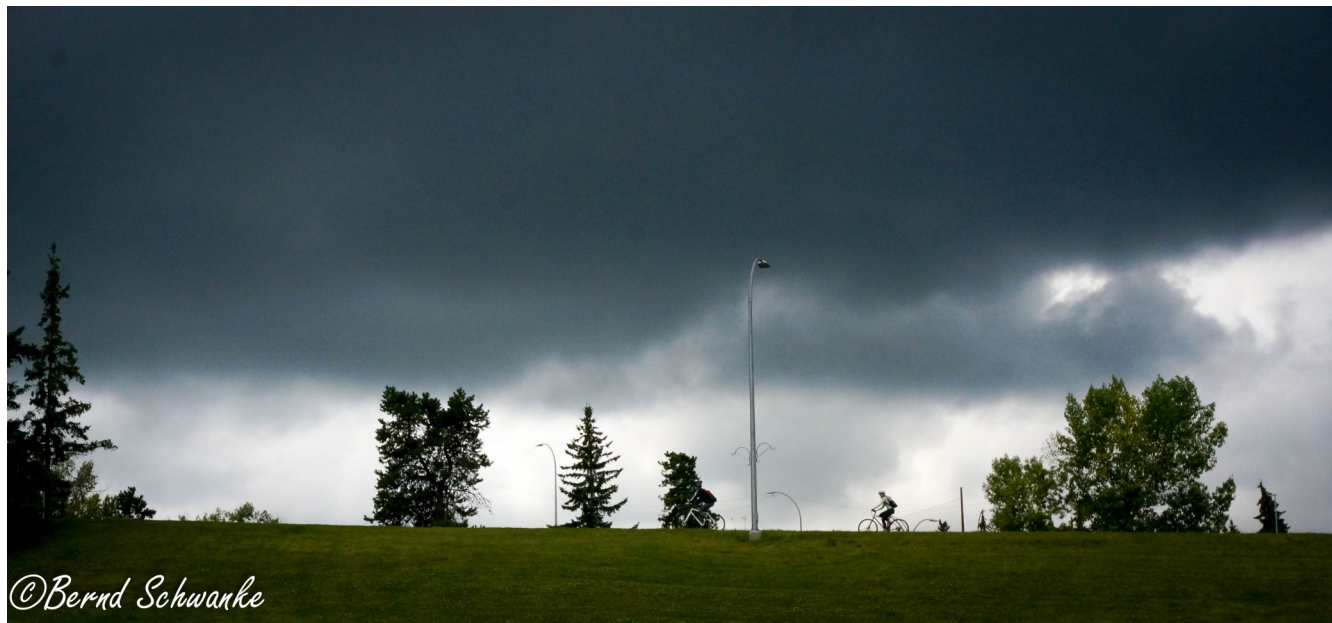
Lester was predeceased by Albert Campbell,



Donald Campbell, Tommy Campbell, Margaret Pike, Doreen Haugen, William Campbell, George Campbell, Bob Campbell, Stuart Campbell and their spouses. A service was held at 11:00 am, Thursday, August 28, 2025 at the Round Hill Hall. To send condolences, please visit www.burgarfuneralhome.com.



GALLERY



GALLERY



- Cyclist racing against summer storm
- Eared Grebe feeding Young
- American Coot resting on reeds

- Juvenile American Coots preening
- Black Tern feeding young
- *All photos from summer 2025, Edmonton area*

GALLERY



Moose

Kunec Acreage Yard

October 11, 2024

Marie Kunec submitted this photograph of a moose strolling through her yard. What a great catch for her. Yellowing leaves on the ground and the trees are a sure sign of fall! This was taken on October 11, 2024 and it returned to the yard at least three more times before November arrived.

MEMBERS' PAGE - INSPIRATION

A Lantern in the Fog

In a coastal village where fog often rolled in from the sea, there lived a quiet fisherman named Leo. He wasn't the wealthiest or the most talkative, but he was known for one thing, his unwavering kindness. Whenever someone was in need, Leo was there with a warm meal, a listening ear or a helping hand.

One particularly stormy evening, a traveller arrived, soaked and shivering. Most other villagers ignored the stranger as they were wary of strangers. But Leo invited him in, gave him dry clothes, some hot soup and a place to rest.

The traveller, grateful but puzzled, asked "Why are you so kind to someone you don't even know?"

Leo smiled gently and replied: "Because when I had nothing and was in need, someone did the same for me."

Not needing to be anywhere else, the traveller stayed in the village for a while. He helped Leo with his boat and learned the rhythm of the sea. He saw how Leo's kindness softened even the hardest hearts----be it from children who had been afraid and learned to smile, to old feuds that began to fade.

Before he left, the traveller said: "You've changed this village without raising your voice or demanding anything. How did you do it?"

"Kindness is like a lantern in the fog," Leo replied, "It does not chase away the darkness all at once, but it helps show others the way home. A single act of kindness can ripple through the world, lighting the way for others to do the same."

Submitted by Marie Kunec (a prequel to her note on the passing of husband George, page 16)



MEMBERS' PAGE - INSPIRATION

Message from the Kunec Family on the loss of husband and father,
George, earlier this year.

July and August have been a difficult time for me and my family. George, our star, was taken from our sky so suddenly with no time to say goodbye. We had so many blessings to still share with him, had he been left to stay...but somehow, we know he is here to guide us on our way.

We are so thankful for all the lanterns we were given to help guide us in the fog. All the heartfelt condolences, prayers, cards, messages, phone calls, visits, donations to charities, flowers, food trays and attendance at the prayer service and funeral mass were so helpful for us to try accept the circumstances and eventually to move ahead in our lives. We were blessed by the years we had with George and leave the rest to God. It is often said that ANGELS come from heaven, but during our time of loss and grief, we met a fair share of them right here on earth.



One of the cards we received had the following poem written inside. We are sharing it with you, so if you experience similar heartache you may find solace in it's message.

Marie Kunec

MY MEMORY LIBRARY

BY Sarah Blackstone

Imagine if I was given one moment,
just a single slice of my past.
I could hold it close forever,

(Continued on page 17)

and that moment would always last.

I'd put the moment in a safe,
within my heart's abode.

I could open it when I wanted,
and only I would know the code.
I could choose a time of laughing,
a time of happiness and fun.
I could choose a time that tried me
through everything I've done.

I sat and thought about what moment
would always make me smile.
One that would always push me
to walk that extra mile.
If I'm feeling sad and low,
if I'm struggling with what to do,
I can go and open my little safe
and watch my moment through.

There are moments I can think of
that would lift my spirits every time.
The moments when you picked me up,
when the road was hard to climb.
For me to only pick one moment
to cherish, save and keep
is proving really difficult,
as I've gathered quite a heap.

I've dug inside my heart,
found the safe and looked inside.
There was room for lots of moments,
in fact, hundreds if I tried.
I'm building my own little library,
embedded in my heart,
for all the moments spent with you
before you had to part.

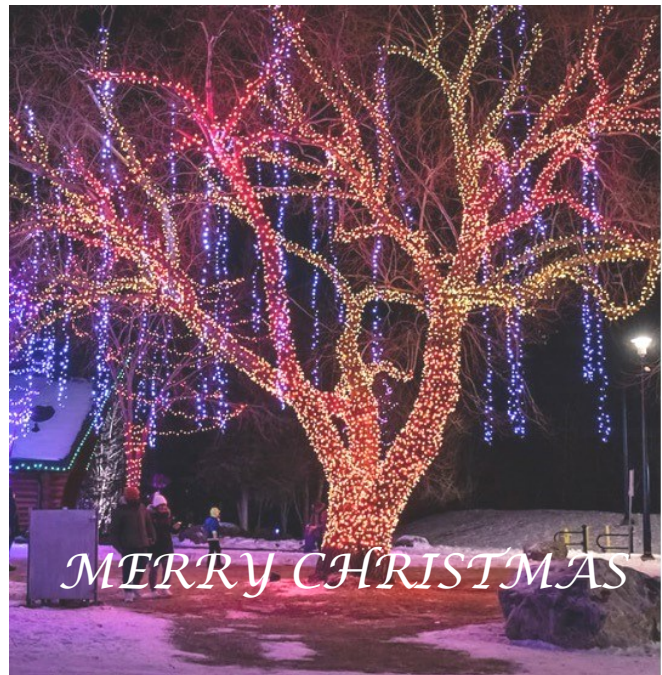
I can open it up whenever I like,
pick a moment and watch it through.
My little library acts as a promise
I'll never ever forget you.

MEMBERS' PAGE

IMPORTANT AND/OR INTERESTING DAYS IN THE NEXT THREE MONTHS!

OCTOBER

		20	- World Osteoporosis Day
	Breast Cancer Awareness Month	20	- International Chefs Day
	Disability Employment Awareness Month		- Waste Reduction Day
		24	- WORLD POLIO DAY
1	- International Day of Older Persons.		- United Nations Day
	Aging With Dignity	25	- International Artists Day
	Strengthening care and support for older persons worldwide	26	- National Pumpkin Day
		29	- World Stroke Day
		31	- Halloween
	- National Seniors Day		- National Magic Day
	- International Coffee Day		- World Savings Day
	- National Kale Day		
	- World Vegetarian Day		
	- International Music Day		
3	- World Smile Day		
4	- World Space Week		
	- National Taco Day		
	- National Vodka Day		
	- National Cinnamon Day		
5	- World Teachers' Day		
8	- International Podiatry Day		
9	- World Sight Day		
10	- World Egg Day		
	- World Mental Health Day		
	- World Homeless Day		
12	- World Arthritis Day		
13	- THANKSGIVING		
	- World Thrombosis Day		
15	- White Cane Safety Day		
	- National Grouch Day		
	- International Day of Rural Women		
	- Global Dignity Day		
16	- World Food Day		
	- World Spine Day		
17	- National Mammography Day		



MEMBERS' PAGE

NOVEMBER

		3	- INTERNATIONAL DAY of PERSONS WITH DISABILITIES
1	- All Saints' Day		
2	- Daylight Savings Time Ends	4 5	- Wildlife Conservation Day - INTERNATIONAL VOLUNTEER DAY
	- All Souls' Day		- World Soil Day
3	- National Sandwich Day. Yes, today use BUTTER	6	- St. Nicholas Day
4	- National Candy Day		- Candle Day
5	- National Stress Awareness Day	7	- National Cotton Candy Day
6	- National Nachos Day		- International Civil Aviation Day
8	- National Cappuccino Day		- National Letter Writing Day
10	- World Science Day for Peace and Development		- National Brownie Day
	- World Keratoconus Day	8	- National Pastry Day
11	- REMEMBRANCE Day	9	- Human Rights Day
	- Singles Day	10	- Nobel Prize Day
12	- World Pneumonia Day		- International Animal Rights Day
15	- National Philanthropy Day		- UNICEF Birthday
17	- International Student Day		- Gingerbread House Day
18	- National Grief and Bereavement Day	11 12	- National Poinsettia Day
19	- World COPD Day (Chronic Obstructive Pulmonary Disease)	13 17	- National Violin Day
	- World Toilet Day		- National Maple Syrup Day
	- Men's' Day	19	- Anti-Bullying Day
20	- Universal Children's' Day		- National Ugly Sweater Day
	- World Pancreatic Cancer Day	21 22	- Winter Solstice Day
21	- World Television Day		- National Cookie Exchange Day
25	- International Day for Elimination of Violence Against Women	24 25	- CHRISTMAS EVE
26	- National Cake Day	26 27	- CHRISTMAS DAY
			- Boxing Day

DECEMBER

1	- World Aids Day	28	- International Day of Epidemic Preparedness
	- Cyber Monday	31	- National Call a Friend Day
2	- Giving Tuesday Celebrate Generosity		- New Year's Eve
	- National Mutt Day		

Submitted by Marie Kunec

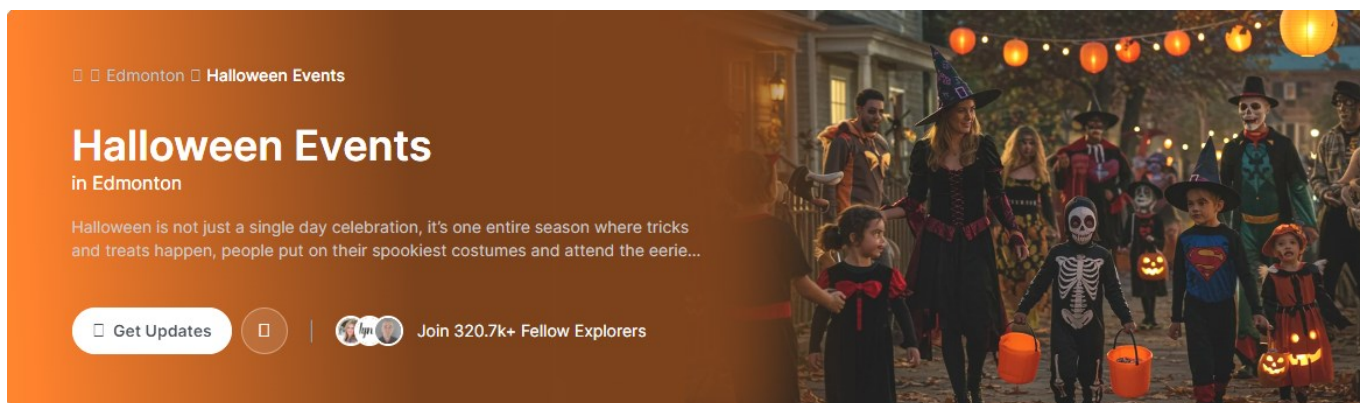
THANKSGIVING 2025



Thanksgiving falls on October 13 this year. This is the day to feel and express gratitude for all the blessings bestowed on us. Even when we face challenges and setbacks in our lives, when we struggle and fall backwards in our journey there are always positives to focus on and I sincerely hope that on this day, at least, we are all able to find it in ourselves to do that—to feel gratitude and to express thankfulness!

If you don't have plans for your Thanksgiving season, there are lots of things to do in and around Edmonton. Here is a link to some local activities. [Edmonton, Canada Thanksgiving Events | Eventbrite](#). Here's hoping you find this information useful or at least interesting! Enjoy!

HALLOWEEN 2025



Halloween is upon us again and although we, as a society, do not have any organized events planned I thought I would post a link to Edmonton and area events happening around October 31. Here is that link: [Explore Upcoming Events & Things To Do In Edmonton, AB, Canada | AllEvents](#). When the page opens, just scroll down to where Halloween events start. I don't know if all venues are accessible as to mobility but as you explore the events on your computer you will find that information on the sites. Here is hoping some of our members will be find this information interesting and useful and can get out to enjoy the spookiest night of the year!

CHRISTMAS 2025



Family Fun Edmonton is your one-stop shop for holiday plans! We've got the inside scoop on all the best family-friendly Christmas Events in Edmonton and Area. Find your yearly dose of Christmas magic, lights and decorations, Santa sightings, Christmas concerts and more right here!

New Christmas events are being added often, so check back often to keep tabs on all things Ho! Ho! Ho! and Merry Christmas! [Best Christmas Events in Edmonton | Family Fun Edmonton](#)

This site lists a large number of sights and activities in the city and surrounding area over the Christmas holiday season.

This site gives you a list of TV Christmas Classics: [Christmas TV Classics - Search Videos](#)

Christmas Traditions: [Christmas Traditions - Search Videos](#)

Christmas Traditions from around the world: [Christmas Traditions around the World - Search Videos](#)

Christmas Culture: [Christmas Culture - Search Videos](#)

I hope you find some of these references useful and the sites informative and entertaining for those cold wintery days around our Christmas Holiday season.

For those of you who can get out, I hope you can enjoy some of the sights and events happening around our beautiful city. The lights are always amazing and a drive around lit-up neighborhoods can be magical. Fort Edmonton, the Zoo, the Royal Alberta Museum and the Art Gallery are all great venues. The Citadel Theater will once again stage their annual performance of "A Christmas Carol" - I will be attending that with my family!

May we all experience a joyful, magical Christmas this December.

MERRY CHRISTMAS!!!

ADAPTIVE DEVICES 2025

As the inevitability of ageing and the continuing onslaught of pps symptoms creep up on us and with the Christmas season rapidly approaching, I thought it might be appropriate to show a variety of items available which may make our daily lives a little bit easier. You can reference this to give “gift hints” (ha, ha, ha) to your family and friends when they ask you “What would you like for Christmas?”



2pcs Car Door
Handle Assist

ERGONOMIC NON-SLIP GRIP

Car handles are designed to fit perfectly in the contours of the palm and fingers, making them light and comfortable to use



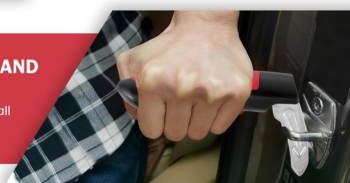
HARDENED POINTED HEAD

Car door hardened pointed is made of high quality forged steel, rust and corrosion resistant



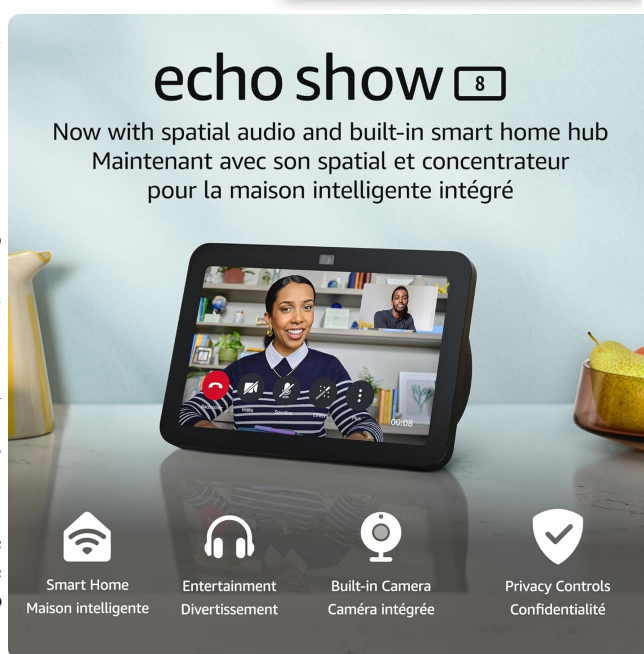
U-SHAPED CAR DOORS AND WITHSTAND 400 LBS

Car door handles are suitable for all U-shaped door lock cars, and Withstand 400 lbs



Amazon Echo Show 8 With Spatial Audio, Smart Home Hub, and Alexa

- **BETTER INSIDE AND OUT** — Entertainment is more immersive with spatial audio and an 8" HD touchscreen. Video calling is crisper with high-quality sound and a 13 MP camera. And your home is more connected than ever with the built-in smart home hub.
- **VIBRANT SIGHTS, FULL SOUND** — Content on Prime Video, Netflix, Fire TV Channels, and more comes to life with an HD display and room-filling spatial audio. Ask Alexa to stream Amazon Music, Apple Music, or Spotify. Subscriptions for some services required.
- **SMART HOME, SIMPLIFIED** — Pair and control devices compatible with Zigbee, Matter, and Thread without a separate smart home hub. Manage cameras, lights, and more using the display or your voice, or activate routines via motion. Also supports connectivity via Bluetooth and wifi.
- **STAY IN THE LOOP** — Video call hands-free using your voice, or use the new Top Connections widget to call with one tap. Have more natural video conversations with a centered, auto-framing camera and noise reduction technology.
- **SHOW OFF YOUR GOOD TIMES** — Amazon Photos turns your home screen into a digital frame of favourite memories, and adaptive colour makes them look great in any light. Invite family and friends to share photos to your Echo Show.
- **SEE WHAT'S RELEVANT** — Adaptive Content lets you glance at your calendar or reminders from afar, or see more detailed content when you're nearby. Shortcut icons on the home screen make it easy to access your most-used widgets with a tap.
- **DESIGNED FOR SUSTAINABILITY** — This device is made from 29% recycled materials. 99% of this device packaging is made of wood fiber-based materials from responsibly managed forests or recycled sources.
- **DESIGNED TO PROTECT YOUR PRIVACY** — Amazon is not in the business of selling your personal information to



ADAPTIVE DEVICES 2025

others. Built with multiple layers of privacy controls including a mic/camera off button and a built-in camera shutter.

Stand Assist Aid

- **ASSISTED LIVING NECESSITIES** — Help the person to get up, stair climbing assistance, disability aids, mobility devices. The handrails of this product are curved, which fully reflects the ergonomic construction.
- **A STANDING WALKER SUITABLE FOR A VARIETY OF PURPOSES** — It can help persons with mobility difficulties to stand and walk, assist them to go to the toilet, and also have the seat armrest placed next to the sofa.
- **PORTABLE LIFTING AID DEVICE** — Three layers of handrails are wrapped with sponge, non-slip but also bring comfort to the user, the widened base and rubber feet form a Y-shaped support, so it can support a force evenly. This product is lightweight and easy to pick up and move.
- **SAFE AND ROBUST** — This durable, advanced walker is constructed of highly polished aluminum so it does not easily rust, or scratch the user's skin, reducing safety risks.



- **ADJUSTABLE SIZE** — The adjustable height range of the sofa aid is 33 to 38 inches. It can reduce strain on a caregiver and can give a challenged person the freedom to walk alone.

Vive Stand Assist -

Mobility Standing Aid Rail for Couch, Chair - Assistance Handle for Patients, Elderly, Seniors and Disabled - Safety Grab Bar for Sitting, Sofa, Home - Adjustable, Portable Device



Install Over or Under Your Couch/Seat



Adjustable Frame

Fits most couches, chairs, and body types



INNOVATION

For those of you who are looking for an electric wheelchair with a twist this is a great idea. It is an electric clamp-on power unit which allows you to ride at speeds up to 15 km per hour. It is easy to dismantle/assemble and store in your car.

There are no local dealers in Alberta at this time, They are being sold out of Sunrise Medical and there a number of dealers in the Toronto area. The link to Sunrise is shown below.

[Empulse StreetJet | Sunrise Medical](#)

With the Empulse StreetJet, adventure is just a ride away. Designed for ease of use, the patented One Touch clamps enable easy, fast and effortless docking to the wheelchair for pure driving fun. All functions can be performed with little force – but the motor performance is anything but. The high performance and battery capacity deliver up to 50 km long rides, even on rough surfaces, for worry-free driving fun.



Easy Clamping On the Move

The patented One Touch Clamps were developed to enable easy, fast, effortless docking to the wheelchair. The design of the clamps allows one to simply attach the Streetjet with only a little

“push”, even for people with limited hand function.

Made for Adventure

With its Lithium-ion 14Ah Battery with USB connection, 16" offroad wheel, twin or optional triple disc brake, and carbon fibre fender, the StreetJet was made to take off the beaten path.



Motorized Wheels

The Xtender features motorized rear wheels that increase the force you apply to the handrims. This increases your range of mobility by reducing energy expenditure by as much as 45% and decreasing the burn of fatigue. Research has also shown that the Xtender manual power assist may help reduce



or even prevent the occurrence of secondary injuries to the wrists, elbows, and shoulders including Repetitive Strain Injury.

Automatic Wheel Synchronization

The Xtender's electronically synchronized rear wheel units continually communicate with each other and adjust their speeds to facilitate smooth, straight propulsion. This helps overcome uneven arm strength to further increase propulsion efficiency, which may be particularly beneficial to users with hemiplegia, paraplegia, quadriplegia, or tetraplegia.



Quick-Release Wheels and Easy Storage

The Xtender's quick-release wheels allow you to remove the entire wheel assembly from the wheelchair. This allows for easy transitions between traditional manual and assisted propulsion. Because the Xtender is used with manual wheelchair frames, it stores and transports just like a manual wheelchair.

ANNOUNCEMENTS

SWIM SCHEDULE

ACT Aquatic & Recreation Centre

In the heart of Rundle Park
2909 113 Avenue NW Edmonton Alberta
(780) 496-1494

TUESDAY: 5:00 pm to 6:00 pm
(with trainer in house)

SATURDAY: CANCELLED
(see article on page 9 regards
options to the Saturday swim)

RATES: No charge to members, guests
during WPSS scheduled times.

Welcome to New Members

We had no new members this quarter

In Memory Of

Lester MacNeil Campbell

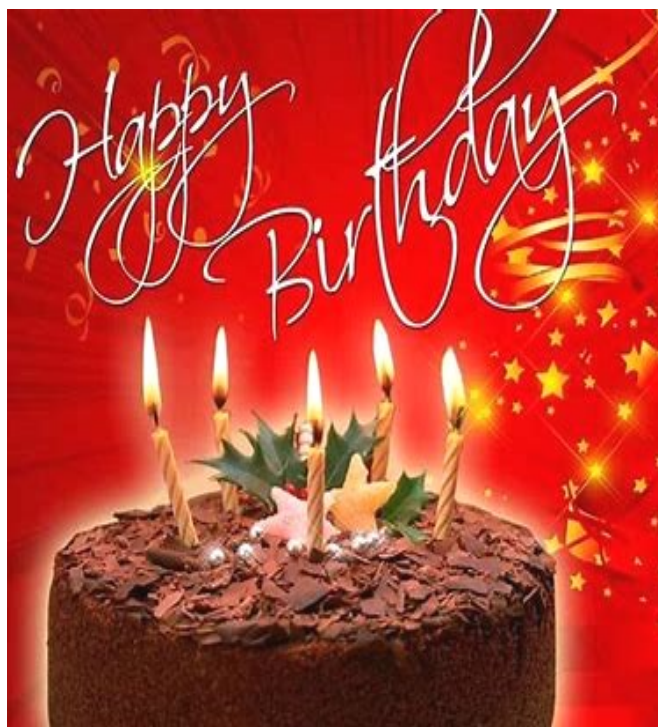
LOVE LIVES ON

*Those we love remain with us
For love itself lives on,
And cherished memories never fade
Because a loved one's gone.
Those we love can never be
More than a thought apart,
For as long as there is memory,
They'll always live on in our hearts.*

HAPPY BIRTHDAY!



Rick Meunier	Oct. 1
Corinne Reid	Oct. 1
Keith Belanger	Oct. 5
Sandra Mooney	Oct. 5
Leo Boisvert	Oct. 11
Pat Murray	Oct. 11
Bhavin Gajjar	Oct. 15
Marion Chomik	Oct. 30
Charlotte Slipchuk	Oct. 31
Gerald Callum	Nov. 1
Marie Kunek	Nov. 9
Loraine Carlson	Nov. 11
Louise Humbke	Nov. 14
Dianne Pimm	Nov. 22
Doug Bovee	Nov. 29
Linda Stefanyk	Dec. 7
John Sugden	Dec. 7
Colleen Sydor	Dec. 18
Gil Sandhu	Dec. 25
Ken Wiebe	Dec. 26



WE'RE ON THE WEB
<https://polioalberta.ca>

WILDROSE POLIO SUPPORT

8640 - 64th Avenue NW
Edmonton AB T6E 0H5

Phone: (780) 428-8842
E-mail: wpss@polioalberta.ca
wpss@telus.net



The Wildrose Polio Support Society (WPSS) was formed in 1999 to provide information and support to Polio survivors.

The objects of the WPSS are:

- 1 To provide education to members in respect to post polio syndrome;
- 2 To provide group and therapeutic support to polio survivors and to provide other support as approved by the Board of Directors;
- 3 To disseminate information concerning research and treatment about post polio syndrome;
- 4 To raise monies for research into post polio syndrome and to donate same to such institution that is conducting research into post polio syndrome as the members of the Society shall decide;
- 5 To develop awareness, communication and education between the Society and the Community.

Providing support for Polio survivors

WPSS News sponsored in part by



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Edmonton AB T6E 0C4
Phone: (780) 434-1314
Fax: (780) 434-1514
www.jagprinting.com

***Do you have an announcement that
you would like us to publish?***

Send an email to:

wpss@polioalberta.ca

Telephone: 780-428-8842

Mail: 8640 - 64th Avenue NW
Edmonton AB T6E 0H5

Wildrose Polio Support Society

8640 – 64th Avenue NW
Edmonton AB T6E 0H5
Telephone 780-428-8842 Web Page <https://polioalberta.ca>

2026 Membership / Donor Form

[Membership year is January 1 to December 31]

NAME(S): **MEMBER** _____

[Polio Survivor]

ASSOCIATE MEMBER _____

[Husband/Wife/Caregiver]

ADDRESS: _____

CITY: _____ POSTAL CODE: _____

PHONE (DAY): _____ PHONE (EVENING): _____

FAX: _____ POLIO YEAR: _____

E-MAIL: _____ BIRTHDAY MONTH: _____ DAY: _____

SENIOR [60 or over] Member Yes ___ No ___

Associate Yes ___ No ___

MEMBERSHIP:

☐ Individual (\$20.00) \$ _____

☐ Couple (\$30.00) \$ _____

DONATION: \$ _____

TOTAL ENCLOSED: \$ _____

DATE: _____ paid by cheque [] cash [] e-transfer to wpss@polioalberta.ca []

I would like to receive my newsletter by email ☐ by regular mail. ☐

HOW DID YOU HEAR ABOUT WPSS: _____

The Wildrose Polio Support Society will use this information solely for the express purpose of the functions of the Society. We will not disclose personal information for commercial purposes without your permission.

Registered Charity No. 867883985RR001

FOR OFFICE USE ONLY:

TOTAL PAID: _____ RECEIPT NO: _____

DATE: _____ RECEIVED BY: _____