

Polio News

PRESENTED BY

WILDROSE POLIO SUPPORT SOCIETY

STAYING POSITIVE FOR OUR FUTURE

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A MESSAGE FROM YOUR PRESIDENT

SPRING 2025

Happy Spring!!!

April is here and that means time for our Annual General Meeting.

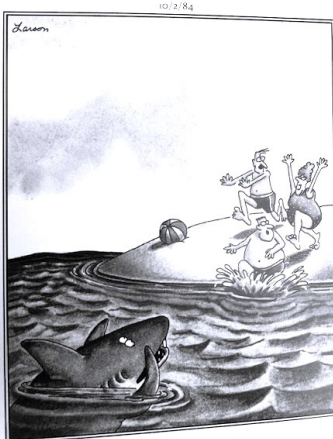
To that end, I would like to talk about the election of directors for our society. Each year we make a call for directors. In the last couple of years, two people volunteered. So we have eight of the ten directors we need. All the necessary duties are covered, but some of us are wanting to ease off a little, not quit but just ease off. New ideas from new people on group activities are always welcome, plus a new director or two would certainly be a positive step for our society.

I have polled the current directors and they will let their names stand for reelection this year. So, at the annual meeting on April 25, put forth your name for election to the board (or get a friend to nominate you).

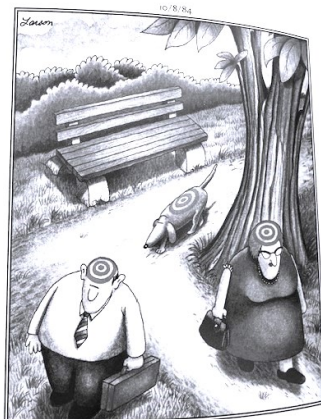
Ps: for those interested, we usually have a bit of liquid refreshment after the meeting in the LEGION lounge :)

John Sugden, President

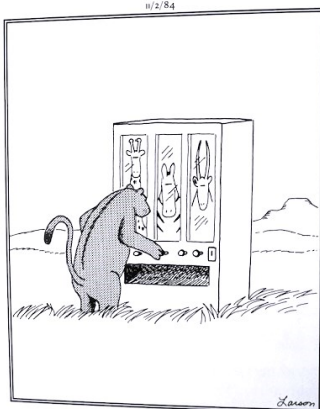
LAUGHTER IS GOOD MEDICINE



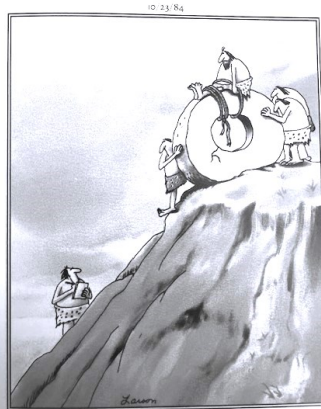
"BEAR! BEAR!"



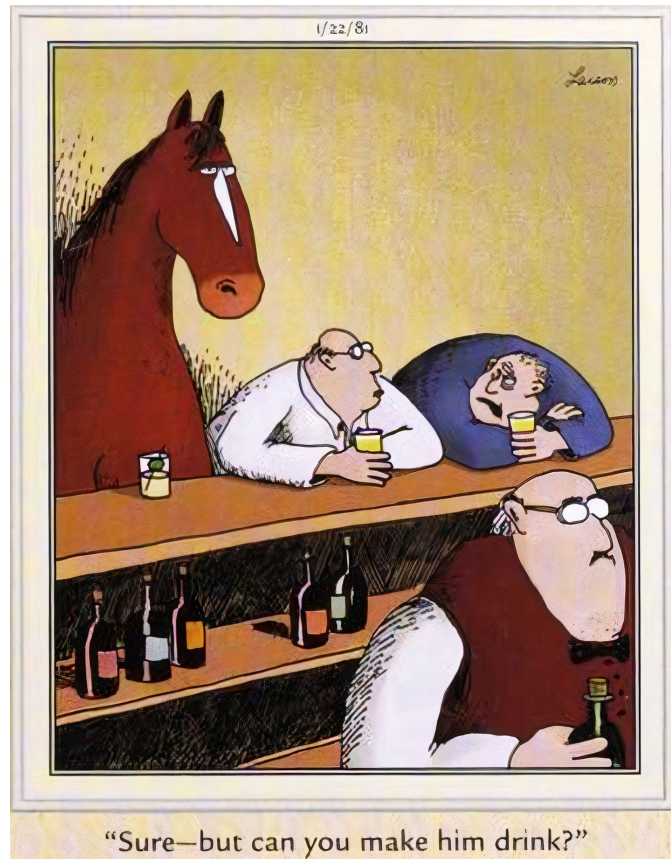
How birds see the world



Vending machines of the Serengeti



Early experiments in transportation



"Sure—but can you make him drink?"

EDITOR'S NOTES

Cartoonist Gary Larsen had the most bizarre sense of humor I have ever seen and although he is no longer publishing, I have access to his entire body of work in three hilarious volumes. I do not pretend to understand all his cartoons, but most make me laugh repeatedly with each new perusal.

Now, you are likely asking yourselves what has any of this to do with us as post polio sufferers. I see the world as having gone somewhat crazy in the past several years. Our lives have been turned upside down with the wars going on in Gaza and the Ukraine and especially with the insanity unfolding in the USA over the past few months. This is all reminiscent of the 1930's build up to WW II in Nazi Germany—the erosion of government institutions and the decline of democracy to the point where a fascist dictatorship ruled the country and threatened the world. Can we really be seeing a repeat of history? As the saying goes, "If you do not learn from history, you are bound to repeat it"!

How does this relate to us here in Canada? The economic threats will affect our financial wellbeing as a starter. Governments gutting established institutions and overriding legisla-

tion meant to protect our interests, policies being shaped and instituted secretly—these are all the tools of the right wing extremism which is threatening us now. The destruction of our health care, our education, our waterways and our wildlife is all happening here in Alberta and I find it very scary.

As PPS sufferers we rely on health care, we rely on social services, we rely on disability tax breaks. All of this is under threat and it scares me to see where we are headed. The crazy humor of Gary Larsen reminds me of the current state of our world and I think we must laugh at it but we must also be vigilant and hold our leaders to account.

Diversity, equality and inclusiveness is being threatened. We must stand up against that because it is us as individuals with disabilities that are being threatened. Think hard when you next go to vote in a municipal, provincial or federal election. Let's not follow the lead of our southern neighbors! Let's make sure the party we vote for is accountable! Whatever you feel, please inform yourselves. Please go out and vote!

Bernd Schwanke, Editor

REIMBURSEMENT & MEMBERSHIP STATISTICS

To date in this fiscal year, WPSS has reimbursed members \$892.00 for therapy and \$1287.00 for Aids and Devices

Our membership statistics show that we currently have 21 single and 29 couple paid memberships in good standing. 25 memberships are currently in arrears. Remember that memberships run from January 1 through December 31.

You are not eligible to participate in WPSS events and programs if your membership dues are in arrears.

BOARD of DIRECTORS

Your Board now consists of eight directors with two vacancies. We are in need of members who are interested in serving on board. The nominations committee invites interested members to let their name be put forward to serve as a director on the board.

Nominations will also be open at the upcoming AGM, April 25. All current Directors are willing to stand for another term but we would welcome other members to step forward!

Call the office at 780-428-8842 or any board member for more information.

TRANSPORTATION REIMBURSEMENT

If you, as a WPSS member in good standing, are unable to attend WPSS functions due to transportation difficulties, you may be able to claim reimbursement for taxi or Uber rides. This pertains to persons who don't own cars or cannot drive or are unprepared to do so in inclement weather. In these instances the Board has agreed to implement reimbursement of 75% of the cost of a taxi or Uber when and where DATS does not provide transportation service. Use our regular claim form with receipts. These claims do not count against your \$1500.00 yearly reimbursement limit.

EXECUTIVE

President: John Sugden Vice President: George Kunec Secretary-Treasurer: Patricia Murray

DIRECTORS

Marie Kunec, Rick Meunier, Ferne Hymanyk, Bernd Schwanke, Sandra Mooney

Office : Patricia Murray

tel: 780-428-8842

Email: wpss@polioalberta.ca

Web Page: polioalberta.ca

Web Master / Newsletter Editor:

Bernd Schwanke

DISCLAIMER

Information published in the Polio News and/or the Wildrose Polio Support Society web site may not represent the opinion of the Society. It is not to be regarded as the Society's endorsement of treatment, products or individuals. If you have or suspect you may have a health problem, please consult your health care professional.

RECENT EVENTS

THE GROOVY GANG – LUNCHEON SOCIAL

On Friday, February 21 WPSS hosted a hot lunch social with entertainment by a seniors musical ensemble called “The Groovy Gang”. This group is sponsored by the St. Albert Red Willow Seniors Center and featured one of our own members, Jonathan Smethurst!

Registration began at 11:30 with coffee and tea being available as we settled in and did some visiting and catching up with our members and friends as they arrived. Lunch, catered by the Legion kitchen, consisted of a choice of chicken or minestrone soup and a selection of six different sandwiches and I can attest that all were excellent! This was followed by a fine dessert of fruits, cookies and other baked goods.

As we enjoyed dessert we were entertained by “The Groovy Gang” singing pop tunes from the charts of yesteryear. This was a really nice trip down memory lane with many of our favorite tunes throughout our life journey being covered. The singers must be commended for performing a cappella as their pianist was unable to join them.

As the afternoon wound up around 3:00 pm the general feeling was one of satisfaction having had another nice visit and being together with friends, having good food, good music and good company!



MISCUE!!

Unfortunately I only have a few pictures of this event and none of the singers. I had a bit of a glitch in moving the files from my camera to my computer and the Groovy Gang photos were lost. My sincerest apologies for that miscue.

UPCOMING EVENTS

WHAT : ANNUAL GENERAL MEETING

DATE : April 25, 2025
- Full details on poster, page 5

WHAT : CASINO FUND RAISER

DATE : June 28 and 29 (Saturday and Sunday)

CONTACT : Please contact the office (780-428-8842) to confirm your place on the volunteer list. Marie will be calling volunteers starting in March.

WHAT : PICNIC IN THE PARK

DATE : August 8, 2025
Emily Murphy Park, Picnic Site 1

WHAT: DINNER THEATER SOCIAL

DATE : September/October/November
This is tentative only. Date, time will be dependent on what shows are playing.
Details to follow.

UPCOMING EVENTS

Wildrose Polio Support Society Notice of Annual General Meeting [for year end Oct. 31, 2024]

Date: Friday, April 25, 2025

Location: Royal Canadian Legion Branch 271
6 Tache St.
St. Albert, AB
T8N 2S4

Registration: 11:30 am
Lunch: 12:00 pm
Members' visiting time: 1:00 pm
Meeting: 1:30 pm

Please join us as we update the Society's business from 2023/2024.

This meeting is open to all. There will be a hot lunch served buffet style, and there is no charge for this lunch.

Please email wpss@polioalberta.ca, or phone 780-428-8842 by April 17, 2025 if you plan to attend.

8640-64 Ave, Edmonton, AB, T6E 0H5,

wpss@polioalberta.ca,

780-428-8842

UPCOMING EVENTS

CASINO FUND RAISER

THANK YOU

Thank you to all our members and family members who have signed up to work our casino on June 28 and June 29. If anyone else is interested in being on the substitute list, please let me know.

The volunteer schedule will be available by April 26.

Thanks.

Marie Kunec

Editor's Note:

Please have a look at the review of the Casino positions reprinted from our previous issue on pages 8 and 9 . If you have any questions or doubts about duties and responsibilities of each position, this article should clarify it for you. If you still have questions after reading the article, please contact Marie Kunec or the office (780-428-8842) .

RESEARCH

Interdisciplinary U of A team wins \$24-million Federal Grant to Advance the Frontier of Assistive Technology.

March 19, 2025 By Gillian Rutherford

Imagine wearing clothing that could change its shape and stiffness to help you recover from a shoulder injury, reduce your risk of falling or assist with muscle weakness so you could be more active in your community.

It sounds like the stuff of science fiction, but an interdisciplinary team led by the University of Alberta has just been given the green light to make it a reality.

The federal government recently announced that it's giving the team \$24 million over six years to work on technology that could increase independence and quality of life for millions of people.

"We're starting a smartwear revolution to create light, washable, affordable assistive technology that will be indistinguishable from your current clothing," says project lead Vivian Mushahwar, professor of medicine, Canada Research Chair in Functional Restoration and director of the Institute for Smart Augmentative and Restorative Technologies and Health Innovations (iSMART) and Smart Technology (ST) Innovations.

Mushahwar is a global expert in neural and rehabilitation engineering with a track record of leading successful interdisciplinary teams and commercializing adaptive devices.

With this project, Mushahwar brings together 64 researchers and collaborators from the U of A and across Canada, the United States and Europe. The team includes fashion designers, disability advocates, clothing manufacturers, visual artists, even a choreographer, as well as researchers from eight faculties across the College of Health Sciences, the College of Natural and Applied Sciences, and the College of

(Continued on page 14)

CASINO FUND RAISER

The January 2024 issue of Polio News featured an explanation of how casinos are organized, how non-profits like WPSS are involved, what all the positions are and what their duties are. In preparation for our June casino I ask you to go back to that issue and read the article in order to familiarize yourselves with the workings of this very important fund raiser event.

For your convenience, I have taken an excerpt, which explains the various positions and related duties, from that article and reposted it below. Please read it and understand that we are all capable of doing these jobs. They are all really quite straight forward. The shifts are fun, much like any of our social gatherings! We need you! Your society needs you! Please call the office and offer your time for a shift or two on June 28 and/or June 29.

As a charitable organization working a casino, we have a number of volunteer positions to fill:

General Manager/Alternate General Manager

The general manager is responsible for all aspects of the casino and operates the event in consultation with the games manager to ensure the casino is conducted in accordance with the applicable regulations

The general manager ensures all volunteer staff/charity workers are present for the casino event prior to their scheduled shift

The general manager may temporarily perform the duties of any volunteer staff/charity worker. Should the position being covered not return in a reasonable period (example: one hour) or is not expected to return, the general manager may assign another volunteer staff/charity worker to the role (Discrepancy Report required).

Banker

The banker supervises the cash cage and is directly accountable to the general manager.

The banker is responsible to ensure:

- the security and control of the chip/cash inventory during their shift
- the cashiers retain personal control of chips and cash while on duty

Cashier

Accountable to the banker, the cashier provides services to casino patrons, exchanging casino chips for cash. The cashier must not
sell or exchange any currency for chips
conduct any cash outs over \$200 without the transaction being witnessed by the
general manager, banker or advisor
accept chips from another casino facility

The cashier maintains the security of the chips and cash in their station while on duty, securing their station when not in use or on break

Chip Runner

Using CasinoTrack, the chip runner acts as an intermediary between the charity and the casino facility. verifying the accuracy of chips while accepting, opening, closing or returning chips to the game tables on the floor

CASINO FUND RAISER

- ensuring chips are accurately transported to and from the chip bank and game tables
- Note: The chip runner may assist the general manager during pull of drop boxes.

Count Room Supervisor

The count room supervisor is directly accountable to the general manager for supervision of count room procedures and count room staff and ensuring the count room is secured while on duty

At the end of the count, the count room supervisor will generate the Master Revenue Report and Count Room Drop Box Verification on CasinoTrack.

Sorter

The sorter is responsible for preparing the drop boxes for the count room team, including:

- emptying the drop boxes contents on the table
- showing the camera the box is empty
- sorting the contents for the counter.

Counter

The counter is responsible for:

- counting the contents of each individual box identified by the “Box ID Card”
- reporting the totals to the recorders
- providing the bills to the amalgamator for final verification
- Note: The counter may assist the sorter

Recorder

The recorder enters information provided by the counter into the CasinoTrack system for each box identified by the “Box ID Card”

Amalgamator

The amalgamator is responsible for:

performing the final count of the contents of each individual drop box identified by the “Box ID Card”

- reporting the totals to the Count Room Supervisor placing cash of the same denomination in bundles of one hundred (where applicable) after the totals are verified from the first count.



MEMBERS' PAGE

SUMMER EXCURSIONS

Submitted by: Bernd Schwanke

ALL ABOARD – ALBERTA PRAIRIE RAILWAY

Val and I plunged into a major house renovation in February of this year. That set the tone for the coming summer, taking up most of our time and subsequently any opportunity for travel far from home. The reno was finally done in mid July and we decided to do a day trip, just for a change of pace and to get away from the job of moving back in and organizing things.

Alberta Prairie is a company which operates rail excursions running from Stettler to Big Valley in central Alberta. The trains are made up of vintage steam or diesel locomotives and the coaches are also restored relics from another time. Under a perfect blue Alberta summer sky Val, I and my two sisters made the two hour drive to Stettler to experience the nostalgia of rail travel. The very thought of it brought back memories of travel by rail across this country from Quebec City to Vancouver when my parents first brought us to Canada.

The Stettler station was a quaint white clap board building , restored in the old style and fronted by a



wood board platform. Our train was at the station when we arrived and in due time the conductor stepped down onto the platform to take our tickets and guide us into the carriage.



The train pulled out of Stettler Station and headed towards our destination, Big Valley, rolling through beautiful Alberta countryside with big blue skies, green pastures and yellow canola fields –picture post card perfect!

The countryside rolled by at a leisurely 40kmh until we were within a few km of Big Valley. Suddenly the train came to halt and masked horseback

riders raced past the cars , firing guns and yelling. A lone lawman confronted them, only to get shot. He



MEMBERS' PAGE

managed to take cover behind an old broken down buggy but was totally outnumbered and finally collapsed to the ground. In the meantime several of the banditos entered the cars and demanded cash from us. They



made quite the haul since none of us were armed and were unable to resist without risking life and limb. (cash was for a good cause—local charities) The bad boys left the cars without killing any passengers, mounted their horses and rode off

into the hills. The sheriff was the only casualty and thankfully he managed to get up and remount to ride into Big Valley and get some medical attention!

At this point the train began moving again and we rolled into the station in the hamlet of Big Valley.

In Big Valley we were able to walk around and view the sites, check out antique shops, an ice crème



parlor and other shops. We gradually made our way the community hall where we were served a fine country

meal of beef, chicken, mashed potatoes and a variety of vegetables.

After the meal, we did a side trip up the main street hill to St. Edmunds Anglican Church which is truly a local treasure



MEMBERS' PAGE



©Bernd Schwanke

and well worth the climb!

From here we worked our way back to the train station, climbed aboard and enjoyed the leisurely clackety-clack ride back to Stettler. This ride was highlighted by numerous deer and coyote sightings and an old time electrical storm with a relatively brief downpour which brought back memories of my youth on our central Alberta farm!

Alberta Prairie Railway provided a great little tour for a summer day. Both the platform and the train cars are wheelchair accessible and for those of us who cannot transfer from the chair into the

All Aboard



Confirmation & Tickets

ALBERTA PRAIRIE RAILWAY
1-800-282-3994

Located at 4611 - 47 Avenue, Stettler, Alberta

e-mail: info@absteamtrain.com

www.absteamtrain.com

Alberta Prairie Steam Tours Ltd.

PO Box 1600

Stettler, AB T0C 2L0



car seat (these are old cars and the isles are narrow) there is a special car where you can remain seated in your wheelchair. Once in Big Valley you can wheel on the sidewalks or boardwalks or you can get a ride which will tour you around the town and to the community hall for you meal and back to the train.

Check them out at www.absteamtrain.com and put this on your summer activity list!

MEMBERS' PAGE

Hopefully, the following article will help readers to keep themselves healthy---- both physically and emotionally. Make time to be your caregiver.

THE IMPERFECT POTTER

In a bustling tourist community, there lived a potter named Paul. He was very much a perfectionist when it came to his pottery and he was always striving to create clay pots. But, no matter how hard he tried, he could always find fault in every piece-- one was slightly uneven, another had a tiny crack. Frustrated that he could not achieve the perfect pot, he scolded himself, believing he wasn't good enough.

One afternoon, an elderly woman visited his shop. She admired his many wonderful works and picked up a pot for a closer look. "This is beautiful," she said.

Paul frowned. "It is nice, yes. But it is not perfect." He pointed to a small indentation along one side.

She smiled and handed him a small mirror from her purse. "Look into this mirror the way you look at your pots."

Paul hesitated, then gazed at his reflection. He saw tired eyes, worn hands and a face full of self-doubt and worry.

She then placed the pot beside him and asked--"Would you call yourself imperfect because of a few lines on your face? Would you talk down to yourself because you do not appear perfect in the mirror?

Or do those lines on your face tell a story of effort, learning and growth?"

His eyes softened as Paul looked in the mirror again. He realized he had been kinder to his pots than to himself. He accepted their imperfections as part of the process, but he did not accept his own.

From that day, he spoke to himself as he would to a friend--with both patience and understanding.

He soon flourished, not because he was perfect, but because he embraced his imperfections.

"Self-compassion is simply giving the same kindness to ourselves that we would give to others."

-Christopher Germe

The secret to change is NOT to focus all of your energy on fighting the old,
instead focus on building the new."

-Socrates

Self-compassion is not about comparing yourself to others; it is about accepting yourself as you are
and embracing your journey

-Kristin Neff

You are not defined by your mistakes; you are defined by the grace and strength with which you rise
above them.

-L.R. Knost

Being gentle with ourselves is not always easy. Life has a "funny" way of throwing challenges,
doubts and insecurities at us. In addition, society seems to always be encouraging us to push

(Continued on page 14)

MEMBERS' PAGE

ourselves harder so we can be the best we can be.

Being good to yourself can sometimes feel like trying to catch sunbeams in a jar – one moment you are feeling proud of what you have accomplished, and the next you may be "beating yourself up" because of a recent failure.

Instead, allow yourself to be imperfect, for it is in our flaws that we can find our true beauty. Regardless of life's challenges, with belief in ourselves, we have the power to control our destiny and rise above adversity. Celebrate your resilience.

12 Things to Always Remember

1. The past cannot be changed.
2. Opinions do not define your reality.
3. Everyone's journey is different.
4. Judgements are not about you.
5. Overthinking will lead to sadness.
6. Happiness is found within.
7. Your thoughts affect your mood.
8. Smiles are contagious.
9. Kindness is free.
10. It's okay to let go and move on.
11. What goes around comes around.
12. Things always get better with time.

We would never learn to be brave and patient if there was only joy in the world.

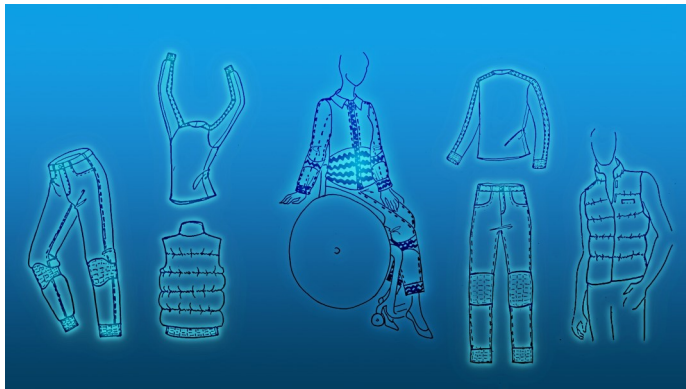
--Helen Keller

Submitted by Marie Kunec

Social Sciences and Humanities.

Mushahwar says the U of A's core facilities, well-equipped laboratories and strong support for interdisciplinary research allowed the project to win one of just six transformation grants from Canada's New

Frontiers in Research Fund for high-risk, high-reward research this year.



From the conceptual stage onward, the research team has taken an innovative approach to designing the technology, putting future users at the centre of development (Illustration: Supplied)

“Collectively the time was just right for all of us to come together,” Mushahwar says. “We have the resources, we have the skills, we have the expertise to do this work in a very productive fashion.”

Putting Users at the Centre

Twenty-five per cent of Canadians have some form of muscle weakness for a variety of reasons ranging from sprains and broken bones to spinal cord injuries, strokes and aging. Current adaptive technologies such as exoskeletons, braces or elec-

trical stimulation devices are often expensive, uncomfortable and impractical.

“There really is a lot of need out there,” says Verna Yiu, professor of pediatrics and provost and vice-president (academic) of the U of A. “Smartwear will improve quality of life for those individuals, but also — if we can keep people healthy and out of hospital — then it will also make our health-care system more sustainable.”

The team is taking an innovative co-design approach that puts future users at the centre of development, starting at the concept stage five years ago. Three groups of users — older adults who are at risk of falls and mobility loss, people with disabilities who could use additional support to complete daily activities, and health-care workers at risk of workplace injury — have been included.

This is very different from many research projects that begin with scientists creating prototypes based on their own interests and capacities, says Danielle Peers, associate professor of kinesiology, Canada Research Chair in Disability and Movement Cultures and member of the Women and Children’s Health Research Institute.

“The timing of user engagement (from the beginning), the depth and impact of our engagement on both process and product, and the purposeful engagement with the broadest possible range of end users are all unusual and transformative approaches to this kind of work,” Peers says.

The team will share its progress in developing the new technology through two art and technology festivals in year three and year six.

“It’s about trying to innovate and find new techniques for really centering the people with lived experience in the creation of this technology,” says Marilène Oliver, associate professor of art and design with extensive experience depicting the impact of medical technology on people.

Stretching Scientific Boundaries

Think of Batman’s cape made of memory cloth in the 2005 hit movie *Batman Begins*. Lucius Fox shows Bruce Wayne how he can simply touch his power glove to the cape to make it stiff so he can fly around Gotham City.

The research team has already invented several classes of composite materials that can sense temperature, strain and pressure and change their shape, size and stiffness. The challenge now is to create fibres from those materials to be woven into clothing. Sensors that use artificial intelligence will be embedded to determine user intentions — to move an arm, lift a heavy object or stand — and actuators that change the fabric as needed will make those intentions a reality, all of it powered by tiny batteries that look like buttons.

“Those multi-material fibers will eventually function as artificial muscles or stiffness-switching materials,” explains Dan Sameoto, professor of mechanical engineering. “There’s a lot of things that are technically quite challenging for us to do, but we have a team to pull it off. And hopefully this project will be a springboard for many more transformative projects to come, so we can develop expertise within Alberta for smart manufacturing technologies.”

The project will provide unique training opportunities for 120 undergraduate summer students and nearly 70 graduate and postdoctoral students over the six years.

The other co-principal investigators on the project are Patricia Dolez, associate professor of human ecology; Anastasia Elias, professor of chemical and materials engineering and associate dean of research strategy in the Faculty of Engineering; Chester Ho, professor of medicine; Reisa Klein, adjunct academic colleague in modern languages and cultural studies; Mahdi Tavakoli, professor of electrical and computer engineering and director of mechatronics engineering; Adalberto Loyola-Sanchez, assistant professor of medicine; and Lingzi Sang, assistant professor of chemistry.

“This meaningful investment underscores the University of Alberta’s commitment to pushing the boundaries of interdisciplinary research. By bringing together experts from diverse fields, we are poised to significantly enhance the quality of life for many people,” says Aminah Robinson Fayek, vice-president (research and innovation). “This project exemplifies our dedication to translating innovative research into real-world

Published in U of A FOLIO magazine.

[The ‘smartwear revolution’ begins: clothing with built-in sensors will improve balance, reduce injuries and support people with muscle weakness | Folio](#)

GALLERY



Many thanks to Debbie Rice for this great collection of wildlife images taken this winter at her acreage home.

Images on this page,
clockwise from top left:

- 1) Sharptailed Grouse
- 2) Whitetail Deer, doe
- 3) Pileated Woodpecker

Images on facing page,
Clockwise from top left

- 1) Sharptailed Grouse
- 2) Blackcapped Chickadee
- 3) Downey Woodpecker, male
- 4) Whitetail Deer, doe

GALLERY



ANNOUNCEMENTS

SWIM SCHEDULE

ACT Aquatic & Recreation Centre

In the heart of Rundle Park
 2909 113 Avenue NW Edmonton Alberta
 (780) 496-1494

TUESDAY: 5:00 pm to 6:00 pm
 (with trainer in house)

SATURDAY: 4:00 pm to 5:00 pm

RATES: No charge to members, guests
 during WPSS scheduled times.

Welcome to New Members

*Janice Hovey
 (Grande Prairie)*

In Memory Of

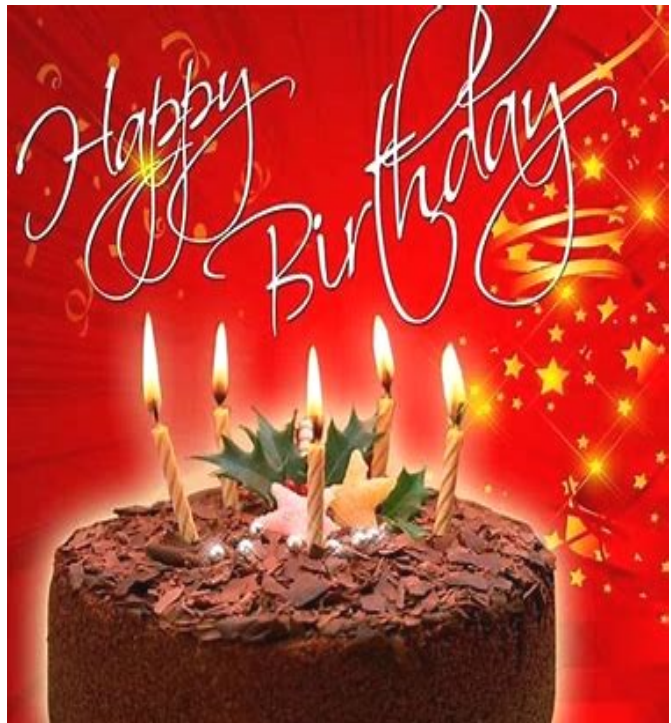
LOVE LIVES ON

*Those we love remain with us
 For love itself lives on,
 And cherished memories never fade
 Because a loved one's gone.
 Those we lovee can never be
 More than a thought apart,
 For as long as there is memory,
 They'll always live on in our hearts.*

HAPPY BIRTHDAY!



Dianne Turner	Apr 4
Joanne Langford	Apr 14
Madeleine Theodoses	Apr 30
Annie Peters	May 10
Joe Kokotilo	May 12
Jonathan Smethurst	May 17
Dave Norton	May 23
Allan Scott	May 30
Joan Grierson	June 2
Janice Hovey	June 3
Riki Roy	June 13
Muriel Onushko	June 21





WE'RE ON THE WEB
polioalberta.ca

WILDROSE POLIO SUPPORT

8640 - 64th Avenue NW
Edmonton AB T6E 0H5

Phone: (780) 428-8842
E-mail: wpss@polioalberta.ca
wpss@telus.net



Providing support for Polio survivors

The Wildrose Polio Support Society (WPSS) was formed in 1999 to provide information and support to Polio survivors.

The objects of the WPSS are:

- 1 To provide education to members in respect to post polio syndrome;
- 2 To provide group and therapeutic support to polio survivors and to provide other support as approved by the Board of Directors;
- 3 To disseminate information concerning research and treatment about post polio syndrome;
- 4 To raise monies for research into post polio syndrome and to donate same to such institution that is conducting research into post polio syndrome as the members of the Society shall decide;
- 5 To develop awareness, communication and education between the Society and the Community.

WPSS News sponsored in part by



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Edmonton AB T6E 0C4
Phone: (780) 434-1314
Fax: (780) 434-1514
www.jagprinting.com

Do you have an announcement that you would like us to publish?

Send an email to:
wpss@polioalberta.ca
Telephone: 780-428-8842
Mail: 8640 - 64th Avenue NW
Edmonton AB T6E 0H5

Wildrose Polio Support Society

8640 – 64th Avenue NW
Edmonton AB T6E 0H5
Telephone 780-428-8842

2025 Membership / Donor Form

[Membership year is January 1 to December 31]

NAME(S): MEMBER _____

[Polio Survivor]

ASSOCIATE MEMBER _____

[Husband/Wife/Caregiver]

ADDRESS: _____

CITY: _____ **POSTAL CODE:** _____

PHONE (DAY): _____ **PHONE (EVENING):** _____

FAX: _____ **POLIO YEAR:** _____

E-MAIL: _____ **BIRTHDAY MONTH:** _____ **DAY:** _____

SENIOR [60 or over] Member **Yes** ___ **No** ___

Associate **Yes** ___ **No** ___

MEMBERSHIP:

Individual (\$20.00) \$ _____

Couple (\$30.00) \$ _____

DONATION: \$ _____

TOTAL ENCLOSED: \$ _____

DATE: _____ paid by cheque [] cash [] e-transfer to wpss@polioalberta.ca []

I would like to receive my newsletter by email by regular mail

HOW DID YOU HEAR ABOUT WPSS: _____

The Wildrose Polio Support Society will use this information solely for the express purpose of the functions of the Society. We will not disclose personal information for commercial purposes without your permission.

Registered Charity No. 867883985RR001

FOR OFFICE USE ONLY:

TOTAL PAID: _____ RECEIPT NO: _____

DATE: _____ RECEIVED BY: _____